## every day

## starter $\bullet$ fresh fruit cocktail

guacamole and tomato salsa
crisp tortilla chips
caesar salad
hearts of romaine lettuce tossed with our caesar
dressing freshly grated parmesan cheese, anchovies and herb croutons

## main

broiled fillet of mahi mahi
served with steamed vegetables of the day
grilled flat iron steak from USDA choice beef
served with steamed vegetables of the day
grilled chicken breast
served with steamed vegetables of the day
gourmet burger
freshly grilled 8 -oz hamburger on toasted Kaiser roll sautéed mushrooms and onions, bacon, or guacamole choice of cheese: swiss, cheddar, monterey jack (american too!) served with french fries, tomato, pickle, onion ring and lettuce
indian vegetarian
two fresh vegetables, lentils and basmati rice your chef will prepare a healthy creation daily

## comfort food

## food that makes you feel good......

southern fried chicken
served with mashed potatoes and gravy, steamed vegetables of the day
side
all main dishes are complemented by specially selected sides, should you
require additional vegetables, please order from the selection below
baked idaho potatoes with sour cream and chives
steamed white rice
french fries
assorted steamed vegetable
denotes healthy options which are low in fat, low in cholesterol and sodium

## today

vine ripe beefsteak tomatoes and buffalo mozzarella marinated with basil leaves and virgin olive oil
wild mushroom cream soup
enhanced with fresh herbs
chicken tenders marinated in thai spices
boston lettuce, carrots and sweet chili sauce
old fashioned chicken noodle soup
asparagus vichyssoise
chilled asparagus and potato soup, garnished with asparagus tips
california spring mix and cherry tomatoes
choice of blue cheese, thousand island, ranch, balsamic vinaigrette, or french dressing
didja (as in did you ever ...)
food you always wanted to try, but did not dare
oysters rockefeller
baked with spinach and cheese sauce

## main lasagna bolognese

baked casserole with layers of pasta, lean ground beef, tomatoes, spinach and mozzarella cheese served on a lake of pomodoro sauce (also available as a starter)
oven roasted tom turkey
sage and onion stuffing, pumpkin scallion hash
grilled red snapper fillet on gazpacho juice
served with pumpkin and scallion hash
duet of petite filet mignon and short-rib confit oven roasted potatoes, red burgundy wine sauce

- cinnamon pumpkin, squash, yam and cheddar cheese pie vegetarian entrée


## comfort food food that makes you feel good......

## shrimp \& fries

breaded, deep-fried shrimps and french fries tomato ketchup
denotes healthy options which are low in fat, cholesterol and sodium

## after dinner

## desserts

grand marnier soufflé
served with orange vanilla sauce
cappuccino pie
coffee ice cream pie with whipped cream

- apple pie
buttery apple cinnamon filling with nice crust
warm chocolate melting cake
served with vanilla ice cream
- fresh tropical fruit plate
vanilla • chocolate • strawberry • butter pecan ice cream sugar-free ice cream is available upon request
orange $\bullet$ pineapple $\bullet$ lime sherbet
port salut • brie • gouda • imported swiss • danish bleu cheese
- denotes that these desserts are prepared without sugar, or a sugar substitute


## beverages

freshly brewed coffee, regular or decaffeinated milk • skimmed milk • hot chocolate • iced, hot and herbal teas
specialty coffee
cappuccino $\$ 2.95$ latte $\$ 2.95$ espresso $\$ 1.95$

* liqueurs
sambuca • kahlúa • grand marnier • disaronno amaretto baileys irish cream • frangelico
* cognacs and brandies hennessy v.s. • hennessy v.s.o.p. • hennessy x.o. hennessy black • rémy martin v.s.o.p. • courvoisier v.s.
* dessert wines and ports croft distinction • graham's six grapes washington hills, late harvest sweet riesling
* regular bar prices apply

