# every day

## starter • fresh fruit cocktail

guacamole and tomato salsa crisp tortilla chips

caesar salad hearts of romaine lettuce tossed with our caesar dressing freshly grated parmesan cheese, anchovies and herb croutons

## main • broiled fillet of mahi mahi served with steamed vegetables of the day

grilled flat iron steak from USDA choice beef served with steamed vegetables of the day

 grilled chicken breast served with steamed vegetables of the day

gourmet burger freshly grilled 8-oz hamburger on toasted Kaiser roll sautéed mushrooms and onions, bacon, or guacamole choice of cheese: swiss, cheddar, monterey jack (american too!) served with french fries, tomato, pickle, onion ring and lettuce

indian vegetarian two fresh vegetables, lentils and basmati rice your chef will prepare a healthy creation daily

comfort food

## food that makes you feel good...... southern fried chicken served with mashed potatoes and gravy, steamed vegetables of the day

side

all main dishes are complemented by specially selected sides, should you require additional vegetables, please order from the selection below

baked idaho potatoes with sour cream and chives steamed white rice french fries assorted steamed vegetable

• denotes healthy options which are low in fat, low in cholesterol and sodium

# today

starter vine ripe beefsteak tomatoes and buffalo mozzarella marinated with basil leaves and virgin olive oil

> wild mushroom cream soup enhanced with fresh herbs

chicken tenders marinated in thai spices boston lettuce, carrots and sweet chili sauce

old fashioned chicken noodle soup

asparagus vichyssoise chilled asparagus and potato soup, garnished with asparagus tips

 california spring mix and cherry tomatoes choice of blue cheese, thousand island, ranch, balsamic vinaigrette, or french dressing

# didja (as in did you ever ...) food you always wanted to try, but did not dare

ovsters rockefeller baked with spinach and cheese sauce

#### main lasagna bolognese

baked casserole with layers of pasta, lean ground beef, tomatoes, spinach and mozzarella cheese served on a lake of pomodoro sauce (also available as a starter)

oven roasted tom turkey sage and onion stuffing, pumpkin scallion hash

grilled red snapper fillet on gazpacho juice served with pumpkin and scallion hash

duet of petite filet mignon and short-rib confit oven roasted potatoes, red burgundy wine sauce

 cinnamon pumpkin, squash, yam and cheddar cheese pie vegetarian entrée

### comfort food food that makes you feel good.....

shrimp & fries breaded, deep-fried shrimps and french fries tomato ketchup

denotes healthy options which are low in fat, cholesterol and sodium

# after dinner

cappuccino pie coffee ice cream pie with whipped cream

 apple pie buttery apple cinnamon filling with nice crust

warm chocolate melting cake served with vanilla ice cream

fresh tropical fruit plate

vanilla • chocolate • strawberry • butter pecan ice cream sugar-free ice cream is available upon request

orange • pineapple • lime sherbet

port salut • brie • gouda • imported swiss • danish bleu cheese

 $\mathbf{igwedge}$  denotes that these desserts are prepared without sugar, or a sugar substitute

**beverages** freshly brewed coffee, regular or decaffeinated milk • skimmed milk • hot chocolate • iced, hot and herbal teas

specialty coffee

cappuccino \$2.95 latte \$2.95 espresso \$1.95

## \* liqueurs

sambuca • kahlúa • grand marnier • disaronno amaretto baileys irish cream • frangelico

cognacs and brandies
 hennessy v.s. • hennessy v.s.o.p. • hennessy x.o.
 hennessy black • rémy martin v.s.o.p. • courvoisier v.s.

- dessert wines and ports
   croft distinction graham's six grapes
   washington hills, late harvest sweet riesling
- ★ regular bar prices apply