



freshcreations

OURWAY

Just Arugula Guy

Arugula, Radicchio, Cauliflower, Cherry Tomatoes, Cucumbers, Steamed Silky Onions, Crispy Quinoa, Ranch Dressing

Zensalada

Belgium Endive, Baby Spinach, Pickled Red Onions, Chia Seeds, Sliced Pickled Radishes, Sliced Peppers, Assorted Sprouts, Herbed Garlic Brioche Croutons, Herb Marinated Chicken Breast, Blue Cheese Dressing

Serenity Now

Boston Lettuce, Chopped Tomatoes with Cilantro, Toasted Coconut, Watermelon, Watercress, Steamed Shrimp, Fresh Creations Dressing

Lettuce Aboard

Mesclun Lettuce, Black and Green Olives, Sundried Tomatoes, Serrano Peppers, Cucumbers, Tapenade Croutons, Tuna, Balsamic Sherry Vinaigrette

Romaine Calm

Sliced Romaine, Tomatoes, Cucumbers, Fresh Mint, Toasted Chickpeas, Chili, Cilantro, Pita Chips, Moroccan Vinaigrette



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YOURWAY

CHOOSE YOUR GREENS

Radicchio • Baby Spinach • Belgium Endive • Boston Lettuce • Watercress • Mesclun • Hearts of Romaine • Arugula • Baby Kale

CHOOSE YOUR TOPPINGS

Vegetables and Fruit

Cauliflower • Pickled Radishes • Cherry Tomatoes • Peppers • Sprouts • Pineapple • Sundried Tomatoes • Cucumbers • Pickled Red Onion • Chopped Tomatoes • Mushrooms • Broccoli • Corn • Green Peas • Kidney Beans • Local Market Produce • Watermelon

More Toppings

Golden Raisins • Cranberries • Toasted Chickpeas • Black and Green Olive • Mint • Cilantro • Crispy Quinoa • Chia Seeds • Herbed Garlic Brioche Crouton • Toasted Coconut • Elbow Macaroni • Sunflower Seeds • Pita Chips • Roasted Pumpkin Seeds • Slivered Almonds • Pita Strips • Tortilla Strips • Feta Cheese • Parmesan Cheese • Cheddar Cheese • Bacon Bits • Blue Cheese

ADD A PROTEIN

Herb Marinated Chicken • Steamed Shrimp • Tuna • Hard Boiled Eggs • Anchovies • Ham

TOP IT OFF

Balsamic Sherry Vinaigrette • Moroccan Vinaigrette • Caesar Dressing • Ranch Dressing • Blue Cheese Dressing

Fresh Creations Dressing: Coconut, Pineapple, Sesame Oil, Black Sesame Seeds, Rosewater and Pineapple Vinegar